



## Allergy / Epi-Pen Contract

<b>Student Name:</b>	<b>Graduation Year:</b>
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### Guidelines for Students with a Life-Threatening Allergy

1. Students shall review and sign the allergy contract.
2. Students shall keep epinephrine auto-injector and antihistamine in the **front pocket** of their backpack.
3. Students shall act responsibly with any medication they are keeping in their possession. Students shall not share any medication with other students. Students shall know how to administer their own epinephrine auto injector.
4. **Student shall introduce themselves and communicate their allergy and where they keep their medication to:**
  - a. **all of their teachers**
  - b. **any substitute teacher they have**
  - c. **all of their coaches and after school advisors**
  - d. **their bus driver**
5. Students shall discuss field trips with teachers and a parent/guardian to decide appropriate strategies for management of the student's allergy.
6. Students must take an active role in assessing and assuring their environment is not contaminated with an allergen and report suspicions to a staff person.
7. Student should notify the health room or a teacher immediately if they suspect they have eaten a food allergen.
8. Students shall be encouraged to always look at the ingredients for any food they are eating. If in a foods class, student will review labels with teacher to verify food is allergen free.
9. Students shall be encouraged to refrain from trading or sharing food.
10. Students shall be encouraged to refrain from eating anything with unknown ingredients or known to contain any allergen.
11. Students shall be encouraged to wash hands prior to eating.

### Guidelines for Parents/Guardians of a Student with a Life-Threatening Allergy

1. Review and sign allergy contract.
2. **Complete the Allergic Reaction Individualized Health Plan Form with a physician prior to the start of school.**
3. Provide properly labeled medications to the health room. Replace medication after use and upon expiration.
4. Notify Arrowhead High School Health Room if the parent or guardian would like the child to sit at an allergen free table in the school cafeteria.
5. If Arrowhead High School stock epinephrine auto-injector is used because the student does not have their prescribed epinephrine auto-injector, the parent will be charged the replacement cost for a new stock epinephrine auto-injector.
6. If a student with a known allergy is signing up for a foods class, the parent must discuss with the foods teacher to develop a plan for foods class.

<b>Student Signature:</b>	<b>Date:</b>
<b>Parent Signature:</b>	<b>Date:</b>